

The Jefferson County Alumnae Chapter  
of Delta Sigma Theta Sorority Inc.

Presents A

# FREE COMMUNITY SELF-DEFENSE CLASS

The class is for both men and women. Please dress comfortable and bring a mat. This will be a physical class.

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**November 3, 2018**

**11:00 AM to 1:00 PM**

**New Pilgrim Pavilion**

**708 Goldwire Pl SW**

**Birmingham, AL 35211**

Email [ER@dstjcac.org](mailto:ER@dstjcac.org)  
for more information

